

Active Adults 55+ September

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>2 Labor Day HOLIDAY</p> <p>VMCC CLOSED</p> <p>NO 500</p>	<p>3</p>	<p>4 Bridge 12:15 p.m.</p>	<p>5 IGH Days</p> <p>Hands Only CPR/AED 10:30 a.m.</p> <p>Euchre 12:45 p.m.</p>	<p>6 IGH Days</p> <p>Class: Great Health 9:30-10:30 a.m.</p>	<p>7 IGH Days</p> <p>Trip: Little Falls Craft Show Depart 7:30 a.m.</p>
<p>9 500 Cards 12:45 p.m.</p>	<p>10 Metro Dining Club Cards for sale \$25</p> <p>SC Book Club 1 p.m.</p> <p>Driver's Ed Refresher 1-5 p.m.</p>	<p>11 Bridge 12:15 p.m.</p>	<p>12 Euchre 12:45 p.m.</p>	<p>13</p>	<p>14</p>
<p>16 Senior Club Luncheon 12-2 p.m.</p> <p>NO 500</p>	<p>17 Penny Bingo 12:45 p.m.</p>	<p>18 Bridge 12:15 p.m.</p> <p>Driver's Ed Refresher 5:30- 9:30 p.m.</p>	<p>19 Euchre 12:45 p.m.</p>	<p>20 Free Blood Pressure Checks 9:30 a.m.</p> <p>Keeping Safe at Home 10:30 a.m.</p>	<p>21</p>
<p>23 History Book Club 10 a.m.</p> <p>500 Cards 12:45 p.m.</p>	<p>24 Happy Feet Footcare</p>	<p>25 Bridge 12:15 p.m.</p>	<p>26 Create a Canvas 10:30 a.m.- 12:30 p.m.</p> <p>Euchre 12:45 p.m.</p>	<p>27</p>	<p>28</p>
<p>30 Active Aging Week Begins</p> <p>500 Cards 12:45 p.m.</p>					